


**First Break Only  
3 Pce Meal Deal**

**\$6.00**

2 bags are required. 1 for hot items and 1 for cold items.

Choose each day special from A,  
Choose 1 snack from B and 1 drink from C.

A	B	C
Monday Special	<u>Snack</u>	<u>Drink</u>
Wednesday Special	Traffic light cup Or Watermelon	Large water Or Popper
Thursday Special	Or Granola cup	Or Plain milk
Friday Special	Or Custard	Or (for Flavoured milk add \$1.00)



When filling out your tuckshop bags please include your child's name, class and break.

Hot bag	
<b>NAME:</b> Betty Banana	
<b>Class:</b> MB	
<b>BREAK:</b> First Break	
1 Nachos	\$4.00
<b>TOTAL</b>	<b>\$4.00</b>

Cold Bag	
<b>NAME:</b> Betty Banana	
<b>Class:</b> MB	
<b>BREAK:</b> First Break	
1 Strawberry milk	\$2.50
1 Grapes	\$1.00
<b>TOTAL</b>	<b>\$3.50</b>

## Notices

**All orders must be placed by 9.30 am**  
**Late orders cannot be guaranteed**

**Please be advised if your child goes home ill, unless notified prior to cooking/making their order, we are unable to give a refund.**

Tuckshop bags 50 for \$4.00

Gluten free \* Vegetarian # Made in tuckshop @

**Please use correct change where possible. Change for Prep and year 1 students will be sent to class. Change for year 2-6 students will be noted on tuckshop bag for students to collect. Include your name, class and break on your tuckshop bag.**

Any changes to the menu will be notified via the school newsletter, school sign or through the school face book page

Parents — Please ensure your child knows what has been ordered & encourage them to come & see us if they have any problems.

Monthly specials will be notified via separate flyer, school notice board, school face book page or newsletter.

Can't donate time? We are always in need of alfoil, detergent, Chux, oven mitts, tea towels, teabags, sugar, SR flour, cocoa, tinned corn, tinned pineapple, Flour, Coconut, tin Lentils, Jam, Kidney beans, Lentils or fresh fruit and vegetables etc.

For Parents of children with food allergies, we can not guarantee our tuckshop is free from these items and you use this service at your own risk. We are happy to accommodate you wherever we can so please contact us with any queries.

**Full menu available for  
First Break and Second Break**  
**Please use separate bags for hot & cold items**



## Fresh Food Menu 2018

Open Monday—Friday  
From 8.15am—2.00pm

Tuckshop runs with the help of volunteers. If you can spare one hour or one day a week/month we would love to talk to you. If you would like to volunteer come and see us or contact us via phone or email. Proudly Supporting parents, students and staff, with fresh food made daily, following the Queensland Government Smart Choices Guidelines.

**Kurwongbah State School**  
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Sandra Sayer  
Rebecca Byrnes  
Floss Dover

**Term 3 Monday 16th July – Friday 21st September**  
**Last day for tuckshop orders Wednesday 19th September**

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**Tuckshop bags 50 for \$4.00**

**Tuckshop opens 8.15am for  
ordering and breakfast items**

**Design a sandwich**  
**Available First and Second Break**

Choose your Base, Choose your Filling/s, Choose your  
Protein, Choose your Extra

Base @ \$1.00ea	Filling @ \$0.50ea	Protein @\$1.00ea
Bread x 2	Lettuce	Ham
Wrap	Carrot	Chicken
No Bread (free container)	Beetroot	Tuna
Roll	Cucumber	Egg
	Tomato	Cheese
	Capsicum	Vegemite

**Extras**

Toasting	\$0.50
Mayo	\$0.50
Dressing—French, Caesar	\$0.50
Sauce— Tomato, BBQ, Sw/Chili, Mustard, Sw n sour, tartare	\$0.40

**Salads**

Caesar Salad @	\$4.00
Garden Salad @ # *	\$4.00
Coleslaw Cup @ # *	\$1.00
Add Meat—Tuna, Ham, Chicken, Egg *	\$1.00

# Hot Food

Corn Cob # *	\$1.50
Homemade Sausage Roll @	\$3.00
	Half/Full
Sweet Chili Chicken Tender Wrap w Lettuce & Mayo@	\$3.00/\$5.50
Sweet Chili Chicken Tender Wrap w Salad@	\$4.00/\$7.00
Pasta Bolognaise & garlic bread @	\$4.00
Tuna Pasta Bake @	\$4.00
Mac and Cheese @#	\$4.00

# Daily Specials

<b>Monday</b>	Pizza—Ham and Pineapple @ Mega meat @ Margarita @ #	\$4.00
<b>Tuesday</b>	Pulled Pork and Apple slaw wraps@ OR Mini Chicken Sub	\$4.00 \$3.50
<b>Wednesday</b>	Nachos * @ Nachos vegetarian *#@ Or Enchiladas @ <b>ADD SOUR CREAM</b> <b>ADD GUACAMOLE</b>	\$4.00 \$0.50 \$1.00
<b>Thursday</b>	Butter Chicken and rice*#@	\$4.00
<b>Friday</b>	4 homemade nuggets @ OR 4 Fish Bites # @ & Salad = lettuce, cherry toms, cucumber sticks, block cheese	\$4.00

**FRUIT #\***

Apple (normal/slunked)	\$1.00
Traffic light cup (layered fruit)	\$1.00
Other fruits when available (Watermelon, grapes, bananas, oranges)	\$1.00

**SNACKS**

Carrot Sticks (3)*	\$0.20
Boiled Egg*	\$1.00
Crackers with Cheese or Vegemite (1 pair)	\$1.20
Crackers with Cheese & Tom/ Cheese & Vegemite	\$1.50
Custard *	\$1.50
Granola Cups @*	\$1.50
Pikelets@ (1 pair)	\$1.00
Brownies @	\$0.50
Muffin Bites @	\$0.50
Popcorn * #	\$1.00
Apricot Bites (5) * # @	\$1.00

**ICE BLOCKS (Year 1-6 Only) Preps term 4**  
**OVER COUNTER SALE ONLY NO ORDERING**

100% Frozen Juice Cups* (Apple, Orange, Appleblack)	110ml	\$0.80
Galippo		\$1.30
Moosie (Choc/Bubble gum/lime)		\$1.40
Icy Twist		\$1.50
Paddle Pop choc/rainbow		\$2.00

**DRINKS \*\***

Poppers 250ml Apple/Orange/Apple Blackcurrant	\$1.50
Water 600ml	\$2.00
Milk 300ml Plain	\$1.60
Milk 300ml Choc/Strawberry / Banana	\$2.50
<b>Staff and Parents only</b>	
Ice Break 500ml	\$4.00
Soft Drink Cans	\$2.00
Cappuccino, Latte, Flat White, Hot Chocolate	12oz \$4.00
Tea	\$2.00

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